PSHE
(Personal, Social, Health and Economic Education) at Our School

Our Intent



- We ensure that PSHE is embedded across the whole curriculum, providing a planned 'spiral' programme that helps children grow and develop as individuals, family members and active members of our community.
- We explore and promote Fundamental British Values, which are also embedded in all aspects of school life.

Fundamental British Values

- Democracy
- Rule of Law
- Tolerance
- Mutual Respect
- Individual Liberty

- We use the 'Growing up in North Yorkshire' information to design a curriculum that meets the specific needs of all our pupils at Gladstone Road.
- Following statutory Relationships and Health Education, we teach core knowledge through five carefully sequenced themes, which are revisited and built upon each year (a spiral programme):

- Me and My Relationships
- Keeping Myself Safe
- My Healthy Lifestyle
- Me and My Future
- Becoming an Active Citizen

- Our learning also covers relationships and sex education, online safety, drugs, alcohol and tobacco, wider risk-taking behaviours, careers education and personal finance, citizenship, healthy lifestyles and emotional health and wellbeing, with links across the wider curriculum.

Our Implementation



- We use active teaching and learning methods, including questioning, thinking and debate, to empower, motivate and inspire our learners.
- Children use their PSHE skills and values in real-life contexts, with distancing techniques to make learning relevant and meaningful.
- In addition to weekly PSHE lessons, we take part in events such as:

- Anti-bullying Week
- Children's Mental Health Week
- Safer Internet Day

- Well-being ambassadors provide support for pupils in KS2.

Our Impact



- Pupils demonstrate that they are open, sensitive and reflective individuals who have the tools to respond to and manage issues in their own lives, and have a deep moral understanding of the impact of their actions on others.
- Pupils use their questioning and debate skills across the curriculum, demonstrating respect and sensitivity to others.