

# Physical Education at Our School



"Be active, be healthy, be confident."

## Our Intent

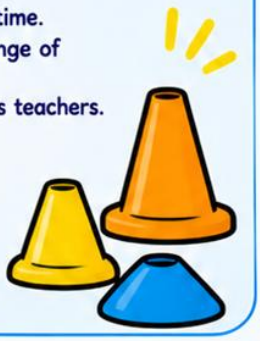


- Follow the National Curriculum, Real P.E and Games to support children's physical development.
- Build Physical Education from Early Years and develop skills year by year.
- Use the six key areas of Real P.E: Personal, Social, Cognitive, Creative, Physical and Health and Fitness.
- Ensure skills and knowledge are sequenced with clear progression from EYFS to KS2.
- Use clear vocabulary and end points so children can build on what they already know.
- Help children to commit skills to long-term muscle memory through repeated practice.

## Our Implementation



- Deliver a well-sequenced cycle of lessons that build skills and depth over time.
- Follow a clear lesson structure, including questioning, modelling and a range of individual, partner, group and whole class activities.
- Real P.E lessons: warm up, skill, skill application and review, taught by class teachers.
- Games, dance and gymnastics are taught by Sports Coaches.
- Use the school and outdoor spaces to practise and apply physical skills.
- Adapt tasks so all children can access and enjoy the curriculum.
- Use practice and revisiting to help children remember more.
- Teach and use key physical vocabulary.
- Use assessment for learning to check understanding and address any gaps.



## Our Impact



- Our Physical Education curriculum is high quality, well thought out and shows clear progression.
- Children make good or better progress if they are keeping up with the curriculum.

We measure the impact through:

- End of unit assessments.
- Assessment against 'End of Year Expectations', which are shared with the next teacher to address any gaps.

