



SCHOOL DINNER MENU

Autumn Term 2021

















On Mon, Weds & Fri children can choose a Jacket Potato and on Tues & Thurs a Baguette. The Salad Bar is available every day.

WEEK 1	WEEK 2	Week 3
Monday	Monday	Monday
Beef Burger in a Bun v Veggie Sausage in a Bun Chips Peas & Carrots ***** Flapjack Fruit Yoghurt & Fresh Fruit	v Cheese & Tomato Pizza v Vegetable Fajita Sliced Potatoes Sweetcorn & Peas ***** Oat Cookie & Sultanas Fruit Yoghurt & Fresh Fruit	v Quorn Dippers with Potato Wedges and Tomato Sauce v Cheese & Tomato Pasta Green Beans and Sweetcorn ***** Chocolate Crispy Fruit Yoghurt & Fresh Fruit
Tuesday	Tuesday	Tuesday
v Quorn Mince Casserole & Mashed Potato v Macaroni Cheese Green Beans & Sweetcorn ***** Cheese & Crackers Fruit Yoghurt & Fresh Fruit	Pasta Bolognese v Crunchy Topped Cauliflower & Broccoli Cheese Carrots & Broccoli Garlic Bread ***** Cheese & Crackers Fruit Yoghurt & Fresh Fruit	Minced Beef & Dumplings v Vegetable & Bean Tortilla Boat Mashed Potato Mixed Vegetables ***** Cheese & Crackers Fruit Yoghurt & Fresh Fruit
Wednesday	Wednesday	Wednesday
Roast Chicken v Quorn Chicken Roast Potatoes Medley of Vegetables 50/50 Bread ***** Fruit Muffin Fruit Yoghurt & Fresh Fruit	Sausage & Gravy with Yorkshire Pudding v Veggie Casserole & Dumplings Mashed Potato Mixed Veg & Cauliflower ***** Fruit Mousse Fruit Yoghurt & Fresh Fruit	Sausages & Gravy v Falafel Burgers Mashed Potato Carrots & Broccoli ***** Chocolate Sponge with Berries & Custard Fruit Yoghurt & Fresh Fruit
Thursday	Thursday	Thursday
Mexican Tortilla Boats v Vegetable Korma Broccoli & Carrots 50/50 Bread ***** Chocolate Banana Sponge & Chocolate Sauce Fruit Yoghurt & Fresh Fruit	Italian Style Chicken (Chicken in Tomato Sauce) with 50/50 Rice v Veggie Pasta Sweetcorn & Green Beans ½ Tortilla Wrap ***** Apple Sponge & Custard Fruit Yoghurt & Fresh Fruit	Chicken Korma with 50/50 Rice v Cheese, Leek & Potato Bake Green Beans & Cauliflower Naan Bread ***** Arctic Roll & Fruit Fruit Yoghurt & Fresh Fruit
Friday	Friday	Friday
Fish & Sweet Potato Cake v Cheese & Onion Frittata Potato Wedges Baked Beans & Peas 50/50 Bread ***** Fruit Jelly Fruit Yoghurt & Fresh Fruit	Fish Fingers v Cheesy Pastry Chips & Ketchup Carrots & Peas 50/50 Bread ***** Lemon Shortcake Fruit Yoghurt & Fresh Fruit	Harry Ramsdens Battered Fish v Roasted Vegetable Parcels Chips Peas & Sweetcorn ***** Iced Swiss Bun Fruit Yoghurt & Fresh Fruit

We also offer Halal, Dairy Free and Gluten Free options - Please speak with the office staff for details

Very occasionally due to circumstances beyond our control it may be necessary to change from the menu

DISHES AND THEIR ALLERGEN CONTENT – GLADSTONE ROAD PRIMARY SCHOOL

DISHES (with allergens)																
The foods below are some or all of the menu items for each day. Unlisted items do not contain identified allergens.		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	
Week 1	Mon	Bread	✓					✓						✓		
		Yoghurts						✓								
		Beef Burger in a Bun	✓													
	Tue	Veggie Sausage & Bun	✓													
		Flapjack	✓													
	Wed	Quorn Mince Casserole				✓										
		Macaroni Cheese	✓						✓						✓	
		Cheese & Crackers	✓			✓			✓							
	Thu	Roast Chicken														
		Quorn Chicken														
		Fruit Muffin	✓			✓			✓							✓
		Mexican Beef Tortilla Boats	✓													
	Fri	Vegetable Korma							✓							
		Chocolate Banana Sponge & Chocolate Sauce	✓			✓			✓							
	Sat	Fish & Sweet Potato Cake	✓				✓									
		Cheese & Onion Frittata				✓			✓							
Fruit Jelly																
Week 2	Mon	Cheese & Tomato Pizza	✓					✓								
		Vegetable Fajita	✓													
		Oat Cookie & Sultanas	✓													✓
	Tue	Pasta Bolognaise	✓												✓	
		Crunchy Topped Cauliflower & Broccoli	✓						✓							
	Wed	Cheese & Crackers	✓						✓							
		Sausage & Gravy with Yorkshire Pudding	✓			✓			✓							
		Veggie Casserole & Dumplings	✓													
	Thu	Fruit Mousse							✓							
		Italian Style Chicken														
		Veggie Pasta	✓													
		Apple Sponge & Custard	✓						✓							
	Fri	Fish Fingers	✓				✓									
Cheesy Pastry		✓						✓								
Lemon Shortcake		✓			✓			✓								
Week 3	Mon	Quorn Dippers with Potato Wedges	✓		✓			✓								
		Cheese & Tomato Pasta	✓					✓								
		Chocolate Crispy	✓						✓							
	Tue	Minced Beef & Dumplings	✓													
		Vegetable & Bean Tortilla Boat														
	Wed	Cheese & Crackers	✓						✓							
		Sausages & Gravy	✓													
		Falafel Burgers	✓													
	Thu	Chocolate Sponge with Berries & Custard	✓			✓										
		Chicken Korma with 50/50 Rice							✓							
		Cheese, Leek & Potato Bake	✓						✓		✓					
		Arctic Roll & Fruit	✓						✓							
	Fri	Harry Ramsdens Battered Fish	✓				✓									
Roasted Vegetable Parcels		✓						✓								
Iced Swiss Bun		✓						✓							✓	