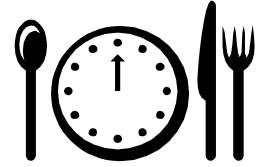


SCHOOL DINNER MENU

Spring Term 2020












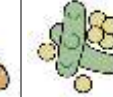




WEEK 1		WEEK 2	
Monday		Monday	
Cheese & Tomato Pizza Potato Wedges & Beans or Jacket Potato with Filling ~ Pineapple Shortbread or Yoghurt or Fresh Fruit		Cheese or Tuna Wheels Saute Potatoes & Baked Beans Wholemeal Bread or Jacket Potato with Filling ~ Rice Pudding and Peaches or Yoghurt or Fresh Fruit	
Tuesday		Tuesday	
Chicken Pie Creamed Potato, Carrots & Green Beans Wholemeal Bread or Jacket Potato with Filling ~ Custard Cream Biscuit & Sultanas or Yoghurt or Fresh Fruit		Minced Beef Mashed Potato, Carrots & Broccoli Homemade Bread or Jacket Potato with Filling ~ Chocolate Crunch or Yogurt or Fresh Fruit	
Wednesday		Wednesday	
Minced Beef Mixed Vegetables & Cauliflower Homemade Bread or Jacket Potato with Filling ~ Chocolate Orange Sponge & Chocolate Custard or Yoghurt or Fresh Fruit		Chicken Korma & White Rice Peas & Sweetcorn Naan Bread or Jacket Potato with Filling ~ Apple Crumble & Custard or Yoghurt or Fresh Fruit	
Thursday		Thursday	
Sausages & Gravy Mashed Potato, Carrots & Broccoli Homemade Bread or Jacket Potato with Filling ~ Fresh Fruit Salad & Toffee Yogurt		Sausages & Gravy Mashed Potato, Mixed Veg & Cauliflower Homemade Bread or Jacket Potato with Filling ~ Treacle Bites & Sultanas Yogurt or Fruit Salad	
Friday		Friday	
Salmon Steaks & Tomato Sauce Chips, Peas & Sweetcorn Crusty Bread or Jacket Potato with Filling ~ Raspberry Buns & Cheese or Yoghurt or Fresh Fruit		Fish Fingers & Tomato Sauce Chips Carrot & Cucumber Sticks Crusty Bread or Jacket Potato with Filling ~ Crackers, Cheese and Grapes or Yoghurt or Fresh Fruit	

Fresh Meat Locally Sourced from Gilmoors of Harrogate

Fresh Fruit and Vegetables Sourced from Stuarts Foods of Scarborough

DISHERS AND THEIR ALLERGEN CONTENT – GLADSTONE ROAD PRIMARY SCHOOL

		DISHES (with allergens)															
		The foods below are some or all of the menu items for each day. Unlisted items do not contain identified allergens.	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	
Week 1	Every day	Bread		✓					✓								
		Yoghurts							✓								
	Mon	Pizza		✓		✓			✓								
		Pineapple Shortbread		✓		✓											
	Tues	Chicken Pie		✓					✓								
		Custard Cream Biscuit & Sultanas		✓		✓											✓
	Wed	Minced Beef															
		Chocolate Orange Sponge & Chocolate Custard		✓		✓			✓								
	Thur	Pork Sausages & Gravy		✓													
		Fresh Fruit Salad & Toffee Yogurt								✓							
Fri	Salmon Steaks & Tomato Sauce		✓		✓	✓		✓								✓	
	Raspberry Buns & Cheese		✓		✓			✓									
Week 2	Mon	Cheese or Tuna Wheels		✓					✓								
		Rice Pudding & Peaches							✓								
	Tues	Organic Meatballs in Gravy		✓													
		Chocolate Crunch															
	Wed	Chicken Korma							✓				✓ Coconut				
		Apple Crumble & Custard		✓		✓			✓								✓
	Thurs	Sausages & Gravy		✓													
		Treacle Bites & Sultanas		✓						✓							
Fri	Fish Fingers & Tomato Sauce		✓				✓									✓	
	Crackers, Cheese & Grapes		✓						✓								