



# **SCHOOL DINNER MENU**

**Spring Term 2021**



A Jacket Potato with either Cheese or Tuna is available every day instead of the main options

<b>WEEK 1</b>	<b>WEEK 2</b>	<b>Week 3</b>
<b>Monday</b>	<b>Monday</b>	<b>Monday</b>
v Cheese & Tomato Pizza v Vegetable Frittata Sauteed Potatoes Peas & Sweetcorn ***** Chocolate Krispie	Minced Beef & Mashed Potato v Vegetable Cottage Pie Broccoli & Sweetcorn Herbie Bread ***** Fruit Shortcake	Chicken Korma v Quorn Korma 50/50 Rice Mixed Veg & Green Beans Naan Bread ***** Custard Cookie
<b>Tuesday</b>	<b>Tuesday</b>	<b>Tuesday</b>
Tuna & Sweetcorn Pasta Bake v Cheese & Tomato Pasta Carrots & Broccoli Garlic Bread ***** Fruit Jelly	v Cheese & Tomato Pasta v Roast Vegetable Pasta Mixed Veg & Peas Naan Bread ***** Fruit Yoghurt & Fresh Fruit	Sausages v Veggie Sausage Mashed Potato & Gravy Carrots & Broccoli 50/50 Bread ***** Banana Sponge
<b>Wednesday</b>	<b>Wednesday</b>	<b>Wednesday</b>
Pork Sausage Roll & Gravy v Vegetarian Sausage Mashed Potato Mixed Veg & Cauliflower Wholemeal Bread ***** Fruity Gingerbread	Roast Chicken in Gravy v Quorn Fillet in Gravy Baby Potatoes Carrots & Cauliflower Wholemeal Bread ***** Jam Sponge	Minced Beef v Vegetable Hotpot Yorkshire Pudding & Baby Potatoes Mixed Veg & Sweetcorn ***** Cheese & Crackers
<b>Thursday</b>	<b>Thursday</b>	<b>Thursday</b>
Beef Lasagne v Vegetarian Lasagne Carrots & Green Beans 50/50 Bread ***** Cheese & Crackers	Pork Meatballs in Tomato Sauce v Vegetarian Curry 50/50 Rice Green Beans & Mixed Veg Apricot & Seed Bread ***** Raspberry Bun	v Chicken & Tomato Pasta Bake v Vegetable Pasta Bake Carrots & Cauliflower Crusty Bread ***** Fruit Yoghurt & Fresh Fruit
<b>Friday</b>	<b>Friday</b>	<b>Friday</b>
Harry Ramsdens Battered Fish v Potato, Cheese & Leek Bake Chipped Potatoes Baked Beans or Peas Sunflower Seed Bread ***** Fruit Yoghurt & Fresh Fruit	Crunchy Fish Nibbles v Roast Vegetable Quiche Potato Wedges Peas & Sweetcorn Homemade 50/50 Bread ***** Flapjack	Fish Fingers v Country Vegetable Bake Chipped Potatoes Baked Beans or Peas Tomato Bread ***** Chocolate Mandarin Cake

We also offer Halal and Gluten Free options - Please speak with the office staff for details

## DISHES AND THEIR ALLERGEN CONTENT – GLADSTONE ROAD PRIMARY SCHOOL

		<div>DISHES (with allergens)</div>															
		The foods below are some or all of the menu items for each day. Unlisted items do not contain identified allergens.	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	
Week 2	Monday	Bread		✓					✓								
		Cheese & Tomato Pizza		✓						✓							
		Vegetable Frittata					✓			✓							
		Chocolate Krispie		✓						✓							✓
	Tuesday	Tuna & Sweetcorn Pasta Bake		✓				✓		✓							
		Cheese & Tomato Pasta		✓						✓							
	Fruit Jelly																
	Wednesday	Pork Sausage Roll		✓			✓										
		Vegetarian Sausage		✓													
		Fruity Gingerbread		✓			✓			✓							
	Thursday	Beef Lasagne		✓						✓		✓					
		Vegetarian Lasagne		✓						✓		✓					
		Cheese & Crackers		✓						✓							
	Friday	Harry Ramsdens Battered Fish						✓									
		Potato, Cheese, Leek & Bake		✓						✓							
		Fresh Fruit Salad or Fruit Yogurt								✓							
Week 2 Roast	Monday	Minced Beef															
		Vegetable Cottage Pie								✓							
		Fruit Shortcake		✓			✓										✓
	Tuesday	Cheese & Tomato Pasta		✓						✓							
		Roast Vegetable Pasta		✓						✓							
		Fresh Fruit Salad or Fruit Yogurt								✓							
	Wednesday	Roast Chicken & Gravy															
		Quorn Fillet & Gravy															
		Jam Sponge		✓			✓										
	Thursday	Pork Meatballs in Tomato Sauce		✓													
		Vegetable Curry								✓							
		50/50 Rice															
	Friday	Raspberry Bun		✓			✓			✓							✓
		Crunchy Fish Nibbles						✓									
		Roast Vegetable Quiche					✓			✓							
	Flapjack		✓														
Week 3	Monday	Chicken Korma							✓								
		Quorn Korma								✓							
		50/50 Rice															
		Custard Cookie		✓			✓										
	Tuesday	Sausages		✓													
		Vegetable Sausage		✓													
		Banana Sponge		✓			✓										
	Wednesday	Minced Beef															
		Vegetable Hotpot															
		Yorkshire Pudding		✓						✓							
		Cheese & Crackers		✓						✓							
	Thursday	Chicken & Tomato Pasta Bake		✓													
		Vegetable Pasta Bake		✓						✓							
		Fresh Fruit Salad or Fruit Yogurt								✓							
	Friday	Fish Fingers		✓			✓										
		Country Vegetable Bake															
Chocolate Mandarin Cake			✓			✓			✓								