



**Gladstone Road Primary School**

Wooler Street, Scarborough  
North Yorkshire, YO12 7DD

Head teacher: Mr. G. Johnson

"Learning to Succeed"

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Dear Parents and Carers,

### Relationships Education

As a school, we are committed to providing all pupils with a planned Personal, Social, Health, Education (PSHE) programme to enable them to acquire the knowledge, skills and experiences that help them happily grow and develop as individuals, members of families and within their community. The Government have made Relationships Education and Health Education statutory for schools from September 2020.

Further to our parent consultation / parent survey earlier in the year and as part of our schools planned programme, we teach pupils about 'Me and My Relationships'. The aim is to ensure pupils learn about the emotional, social and physical aspects of growing up healthy.

#### Key aspects of this programme include:

**Year 1** being taught the names for different body parts, which include the names for external genitalia.

**Year 1 / 2 / 3** are taught in an age appropriate way about what physical contact is acceptable or unacceptable. This is vital to support the work we do in keeping all pupils safe. Our aim is to equip pupils with the correct language and understanding of their own bodies and to develop strategies for expressing when something feels uncomfortable or wrong. To support us in delivering this message to the pupils we use information from the NSPCC Underwear Rule campaign. You can find out more at <http://www.nspcc.org.uk/>

**Year 4** pupils start to learn that their body and emotions will change as they get older and continue to build on learning about the key components of a healthy relationship and how to keep themselves safe both on and off line. This learning continues in Year 5 and 6.

**Year 5** pupils learn about all the external and internal genitalia and the ways in which the human body grows and develops in puberty both physically and emotionally.

**Year 6** pupils further develop their understanding of the physical and emotional changes they go through at puberty and about human reproduction.

***All year groups are taught in an age appropriate way. We do not teach the children about the dynamics of different families and relationships e.g. homosexual relationships. School simply acknowledges that all of the families that make up our school community are equally special. We are very sensitive to cultural beliefs and believe we have designed a curriculum, which is sensitive to the school community we serve.*** Please contact me with any questions you may have regarding this. A full outline of our PSHE curriculum is published on our school website.

Best wishes

**Mr Garry Johnson**  
Head Teacher

