



Gladstone Road Primary School

Wooler Street, Scarborough
North Yorkshire, YO12 7DD

Head teacher: Mr G Johnson

Tel: 01723 372566

Email: admin@gladstone.n-yorks.sch.uk

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Dear Parent/Carer(s) of children in Year 5

In 2019 The Relationship & Puberty Education and Health Education (England) Regulations, made Relationship Education compulsory in all primary schools and the Department for Education continues to recommend that all primary schools should have a relationship and puberty education programme tailored to the age and maturity of the pupils.



During the week beginning Monday 7th June, as part of our Personal, Social and Health Education, we will be teaching some sessions to ensure that our pupils are prepared for the changes that adolescence brings drawing on knowledge of the human life cycle (including puberty) set out in the national curriculum for science. We will be using the 'Busy Bodies' pdf resource which are freely available to access online.

Parents are always invited to view these materials prior to the lessons starting. We recognise that children may have questions about their bodies and the way they work. Children are openly encouraged to ask questions in a safe space without the fear of judgment or shame.

If you have any further questions about the sessions please contact your child's class teacher. Alternatively, you can find our Relationships Policy on the school website.

Yours sincerely

Mrs M Livingstone
Year 5 & 6 Phase Leader

